

## Demographic page

Please indicate your gender.

1. Male
2. Female

Please indicate your age in years. Write only the number (e.g. 22, 47).

Which one of the following categories best describes your primary occupation?

1. Student
2. Educator
3. Homemaker
4. Management
5. Military
6. Office/Clerical
7. Professional
8. Salesperson
9. Craftsman/Skilled laborer
10. Other

What is your country of residence?

How would you describe your racial/ethnic background? Please check all that apply.

1. American Indian or Native American or Alaska Native
2. Asian
3. Black or African American
4. Hispanic or Latino
5. Native Hawaiian or Other Pacific Islander
6. White
7. Other

Which of the following best describes your sexual orientation?

1. Heterosexual/Straight
2. Gay/Lesbian
3. Bisexual
4. Questioning

What is your current relationship status?

1. Married to romantic partner
2. Living with romantic partner
3. Seeing one person exclusively
4. Dating, but not limited to one person
5. Friends with benefits relationship

6. Single, not currently seeing anyone
7. Other (please specify) \_\_\_\_\_

If you are currently in a relationship, what is the relationship length? Please answer in **months**.

\_\_\_\_\_ months

Note: A friends with benefits relationship is defined as recurring sexual activities between individuals who have a pre-established friendship and do not define their relationship as romantic.

Have you ever had a friends with benefits relationship?

Yes

No

If you responded YES:

How many Friends-with-Benefits Relationships (FWBRs) have you experienced? \_\_\_\_\_

At what age did you first experience a FWBR? \_\_\_\_\_

Were alcohol or drugs consumed prior to the first sexual involvement with your most recent FWBR partner? No \_\_\_ Yes \_\_\_

In general, thinking of all the FWB relationships you have had, how would you describe how positive or negative the overall experience/s was/were for you?

1	2	3	4	5
Very Negative				Very Positive
Experience/s				Experience/s

How did you find out about this study?

1. Friend/Word of mouth
2. Psychology Listserv
3. Social Psychology Network (SPN) Profile
4. Other psychology website
5. Other

Remember that Friends with Benefits Relationships (FWBRs) are defined as recurring sexual activities between individuals who have a pre-established friendship and do not define their relationship as romantic.

Please consider this definition as you respond to the following items.

If I were to have an FWBR, I would feel...

1	2	3	4	5	6	7
Worried						Not worried
1	2	3	4	5	6	7
Regret						No regret
1	2	3	4	5	6	7
Tense						Relaxed

I think that FWBRs are...

1	2	3	4	5	6	7
Unpleasant						Pleasant
1	2	3	4	5	6	7
Awful						Nice
1	2	3	4	5	6	7
Bad						Good

1. The decision to have an FWBR would be completely mine.

1	2	3	4	5	6	7
Very unlikely						Very likely

2. I feel that I would be able to convince a friend to have an FWBR with him or her.

1	2	3	4	5	6	7
Strongly disagree						Strongly agree

3. If I wanted to have an FWBR, initiating one would be...

1	2	3	4	5	6	7
Very difficult						Very easy

1. Most people important to me would think it would be a good idea to have an FWBR.

1	2	3	4	5	6	7
Strongly disagree						Strongly agree

2. Most of my friends would... if I had an FWBR.

1	2	3	4	5	6	7
Strongly disagree						Strongly agree

Do you think your best friends have FWBRs?

1	2	3	4	5
Certainly not				Certainly

1. If the occasion presents itself, I would have an FWBR.

1	2	3	4	5	6	7
Strongly disagree						Strongly agree

2. I would have an FWBR with a new friend.

1	2	3	4	5	6	7
Very unlikely						Very likely

3. I evaluate my chances of having a new FWBR as...

1	2	3	4	5	6	7
Very low						Very high

How often in the past have you had FWBRs?

1	2	3	4	5	6	7
Never						Often

## **Optional Debriefing Letter**

Perceptions of Friends with Benefits Relationships

St. Francis Xavier University

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Thank you for participating in this study. Your time and effort are much appreciated. This study investigated various predictors of Friends with Benefits Relationships (FWBRs). After completing some background items, you completed various measures assessing anticipated regret about having an FWBR, attitudes toward FWBRs, your perception of control over choosing whether to have an FWBR, your perceptions of what others think about FWBRs, and previous experience with FWBRs. We predict that the above variables will predict another variable that we measured: intentions to have an FWBR.